

Wellbeing 21

News, information and advice for Oldham residents

ST. HERBERT'S COURT RESIDENTS WIN 'SIT & GET FIT' FUNDING



WHAT'S INSIDE?

- Around the courts
- 100 years of council housing
- Hate crime
- What's on

Christmas Fun across the Courts!

Holts residents enjoyed a festive celebration at Howell House on Browndge Rd, and also joined up with residents from **Lynmouth Ave** and **Iris St** for a Christmas party at Smokies Hotel; 18 tenants attended from Holts Village and 12 from Lynmouth & Iris. Everyone had a lovely afternoon, with a 3 course Christmas meal followed by entertainment.

Residents from **Springlees and Dunsford Courts, Springhead**, joined up with those from **Wood Square, Grayson Way and Chew Vale in Greenfield**, for the Annual Saddleworth Round Table Senior Citizens Christmas party at the White Hart Lydgate. They were entertained by Christmas Carols by Mahdlo Choir and music from the Mossley Hollins brass band. A lovely day was had by all.

At **Cloughgate House, Hollins**, Court Manager Karen Simpson raised £200 from Manchester Forever to provide a festive meal in the lounge for those tenants who have no family or will not see them this festive season. The party was also attended by the regular 'Monday Club', who have a meal ever week.

Old Mill House, Springhead, residents held a Christmas fair, raising over £700 for the residents' fund. They had a Grotto and local Councillor Steve Hewitt played Santa. The stalls were run by residents and everything sold was donated by residents, families and friends. The event was a great success and was thoroughly enjoyed by all.

Violet Hill Court, Waterhead residents enjoyed a Christmas outing, provided free by the Waterhead Academy; 25 residents enjoyed a meal, followed by a show.



SIT AND GET FIT!

Chair based exercise classes have been enthusiastically taken up by residents throughout the Borough.

St. Herbert's Court, Chadderton is the venue for chair based exercise classes every Wednesday afternoon, thanks to a £500 grant from Action Together's Fast Grant scheme.

At **Holland Close, Delph**, funding of £400 has been secured via the local Councillors, to help fund a 36 weeks course of weekly armchair exercise, provided via Age UK, Oldham. 8 residents will also pay £1.50 each per session. The courses will be starting shortly.

Aster House, Coldhurst residents have also benefitted from Fast Grant funding to secure chair based exercise classes every fortnight on Friday afternoon.



School House Flats, Hollinwood gets ready for Spring!

Residents will be able to enjoy the spring and summer sun with tea parties on the patio, thanks to funding via local Councillor Martin Judd, who secured Council funding for the purchase of a re-cycled uPVC dining table and a set of chairs.

At **Holland Close, 92 years young resident Mary Littlewood** is pictured using the Court internet to Skype her daughter and great grandson in Norfolk for the first time, watched by fellow residents. Mary said 'wow, just wow...It really is amazing to be able to see and speak to them like this...I can't wait to try it when as she is in the States with my other grandchild'.

Fundraising Success at Violet Hill Court

Residents managed to secure £250 Fast Grant funding from Action Together, to enable them to purchase their own kurling set, which they enjoy regularly in the communal lounge. They also ran an event and managed to raise £220 for a summer day out, using prizes collected by residents over several months.



Fraud and Cyber Crime Awareness

A partnership between **Oldham Council Trading Standards, Housing and Care 21, the Greater Manchester Combined Authority, GM Police and Barclays Bank** held an event at St. Herbert's Court to offer information and advice to combat cyber crime and fraud.

Sessions included awareness of door step crime, staying safe online and scams. These events will be run again at other venues, so watch this space!



Culture Hub Sessions

Charles Morris House, Failsworth has been the venue for culture hub sessions, led by the **Coliseum Theatre**.

They offer workshops as part of their Culture Hub: Art, Craft and Conversations programme. The workshops are over 12 weeks of activities with 1 hour sessions. The workshops look to specifically focus on working with residents suffering with dementia. The activities include theatre, script reading and writing, craft work, puppetry, singing etc.

A consultation session was held, prior to the workshops, to get an idea of what the residents would like to do. Similar sessions are ongoing at Aster House and have already taken place successfully at Tandle View Court and Trinity House.



Diamond Wedding Celebration Coming Up!!

John and Joyce Caulfield, of Lynmouth Ave, Hathershaw will be celebrating their 60th wedding anniversary in April.

The couple tied the knot at Oldham Registry Office on Clegg St, Oldham on 4th April 1959, when they were both aged 20.



In those days, John was a Teddy Boy and used to go out with his four mates. One night, they visited the Talbot pub on Bloom St, just off Manchester St in Oldham. John saw Joyce sitting in the pub with her friends and was hooked! He asked her to go out, but she said she was already courting!

Not to be deterred, John discovered that Joyce was working at Kirkham and Maddox, in Oldham, at the same firm as his sister-in-law, Alice. Alice has unfortunately since passed away, but is remembered with great affection by John and Joyce, not least because Alice arranged for them to meet. They clicked straight away and went out together for two years, before their wedding at 'Clegg St Cathedral', as John calls it!

They have since gone on to enjoy 60 years of happy marriage, having two sons (John and Nigel), six grandchildren and 11 great grandchildren.

Joyce celebrated her 80th birthday on 22nd January, with a party at her granddaughter's pub, The Rifle Range in Chadderton. The couple now plan to celebrate their Diamond Wedding by enjoying a meal out with all the family.

John's other love is Elvis Presley and he still harbours a yen to visit Graceland one day!

Housing and Care 21 News - Rebranding Soon!

During the national resident conferences in the autumn of 2018 we announced plans to change our name to Housing 21.

We have a project team with key representatives from across the organisation to discuss the rebranding, which will start in April 2019.

KEY MILESTONES ARE:

Updating literature – we will be updating all of our printed literature, promotional material ready for the official roll out in April.

Website – we are currently working on updating the website content and will launch a new website in April.

Signage – We will be looking at your current signage and consider which signs need updating with the new Housing 21 logo. This includes both internal and external signage, but external signage will be considered first.

We are working on options for signage which we hope will be available to order from February / March. We realise that replacing signage is a big task and we do not expect it to all be done immediately, but would expect all courts to have considered and replaced out of date signage by the autumn.

CUCKOOING

Cuckooing is when a drug dealer moves into the home of someone vulnerable to store and sell drugs. The person will choose someone they can scare, bully and control. They will seem friendly at first.

Signs to look out for:

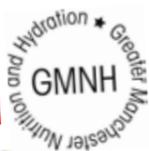
- More people than normal going into someone's house
- People calling in at all times of day and night
- Different cars pulling up outside the house and not staying long
- Strangers who block off the doors and windows to the house
- If you haven't seen your neighbour for a while

If you are worried about or think someone is a victim of cuckooing please:

- Call the police on 101
- Tell your local PCSO
- Ring Crimestoppers on 0800 555 111

YOU DO NOT HAVE TO GIVE YOUR NAME OR DETAILS.

Get involved!



Nutrition and Hydration Week 11th-17th March 2019

- Join the Global Tea Party
- Send in your stories and case studies
- Raise awareness of how to eat and drink well
- Join the #NandHchat competition
- Complete the e-learning module on Malnutrition and Swallowing Difficulties www.paperweightarmband.org.uk
- Follow @GMNandH on twitter and visit www.ageuk.org.uk/salford to find out more



VALUABLE VOLUNTEERS

Our Falls Prevention exercise classes help people who have experienced falls by improving strength, balance, co-ordination and self-confidence.

If you have 2 hours a week to spare, are friendly, reliable and can help at any of the classes, please contact us on **0161 622 9280** to do something rewarding and worthwhile.

- Monday – Walton House Failsworth**
- Tuesday – Springlees Court, Springhead**
- Tuesday – Hopwood Court, High Crompton**
- Wednesday – Tandle View, Royton**
- Wednesday – Chadderton Wellbeing Centre, Chadderton**
- Friday – Travarrick Court, Huddersfield Road, Greenacres**



What are Digital Champions?

Digital Champions are people of all ages and from all backgrounds and communities.

They help others understand the benefits of using the internet and help them to do simple things online that can make a big difference to people's lives. Whether that's helping a neighbour to send an email or helping a friend to set up their new computer or laptop, a digital champion can always inspire others to make the most of life online.

With so many services such as banking, health care, shopping being offered online it is important to keep up with the pace of technology, not to mention keeping in touch with family and friends. But not everyone has the self-confidence, knowledge or equipment to use the internet to access these services. There are millions of people who don't know how to use the internet. They're missing out on a whole world of fun, information and savings.

DO YOU HAVE THE QUALITIES OF A DIGITAL CHAMPION?

We're looking for digital champions to be advocates in their local area, to share the latest news online and to bring internet skills to those who have never before used a computer as well as the more experienced surfers of the net.

You don't need to be a computer genius, just have a little spare time, an enjoyment of being online yourself and a desire to help other people.

You might be able to provide support and encouragement to your family and friends, neighbours and communities through one to one mentoring, drop-in sessions and innovative workshops. You can build confidence, make new friends and most importantly share your knowledge of online tools that could help your neighbours and your



community work and grow more efficiently.

WE ARE LOOKING FOR PEOPLE WHO:

- Use the internet confidently and frequently for services and information
- Can be advocates for encouraging others to get on line
- Are good at communicating with others
- Are willing to give up some time for people to learn and improve their online skills

WHAT ARE THE BENEFITS FOR ME?

Many people want to contribute to their communities in some way but haven't yet found a means to achieve it. Being a digital champion could be the perfect answer to developing your own skills and helping others at the same time and will enable you to:

- Use you own skills and experience on a regular basis
- Refresh your knowledge along the way
- Keep up to date with the latest online trends
- Make a real and positive difference to the lives of people who might not be able to use technology or the internet without your help.

If you've never volunteered before, becoming a digital champion will be an enjoyable experience. You can offer as much or as little of your time as you wish for as long as you want. Contact Tejinder Birk on 03701924444 if you would like further information..

20% SK FF

your first buffet order from Sage Kitchen on George Street in Oldham's town centre.

Quote 'sagecatering' when ordering.
Offer applies until end of March 2019 and includes all buffets excluding the meeting platter.

Do you need delicious, freshly prepared catering for your meeting or event? Choose from Sage Kitchen's various buffet options, all at very affordable prices.
www.sagekitchencatering.co.uk

50 George Street, Oldham OL1 1LS
Contact us for details or to book on **0161 622 9358**
or at victoria.lisiecki@ageukoldham.org.uk

Owned and run by Age UK Oldham so all money raised helps support local services for older people.

We also own George Street Chapel, a unique events venue in the heart of Oldham which is perfect for meetings, small conferences, parties and weddings.
www.georgestreetchapel.com
info@georgestreetchapel.com

100 Years of Council Housing

Background

Britain's cities began to expand on a large scale during the nineteenth century largely due to workers and labourers from the surrounding countryside flocking to the city seeking work during the years of industrialisation.

House building at this time was largely done by profit-seeking private builders. Mostly they built long streets of terraced houses and these new communities were largely unplanned. The large majority of the population rented privately.

Problems of poor housing conditions, mostly in inner city areas, grew steadily as city populations increased. With the development of high density neighbourhoods, overcrowding became commonplace. In the poorer areas of cities families could be found huddled in dark and unsanitary courts of squalid housing often without facilities and natural light. Concerns began to grow across the country about public health, with a fear of infectious disease spreading from the overcrowded and insanitary working class housing.

The war, however, changed everything. Building activity came to a virtual standstill whilst the country fought. By the time of the General Election in 1918 it was becoming clear that the country faced an acute shortage of housing. Building costs were inflated and this, combined with a scarcity of materials and labour, made it impossible for the private developers to provide houses with rents within reach of the average working class family. The close of the war also brought a new social attitude that focused the Government's attention on a national responsibility to provide homes, giving rise to Lloyd George's famous promise of 'homes fit for heroes' referring to the many soldiers returning from the war.



The Housing and Town Planning Act of 1919 (The Addison Act) was seen as a watershed in the provision of corporation (council) housing. Councils were thrust to the forefront as the providers and they began to plan their post-war housing programmes. Housing Committees were set up, working largely from recommendations from central government's advisory committee - the Tudor Walters Committee and encouraged to build through the provision of generous government subsidies.

The Oldham Context

In March 1919, after the war, Oldham Council decided to go ahead with a 500-house scheme, under the new Addison Act. The Council bought plots of 28 acres at Hollins, 15 ½ acres at Watersheddings and 15 acres at Greenacres. The scheme was rejected as inadequate and it was replaced by a 1,000-house project.

As a result, 300 houses were completed at Hollins in 1922/23 **(the photos show Houghton Ave from Hollins Rd when it was new and as it is now. The other picture shows a foundation stone from Poplar Ave, Hollins).** Another 50 were built at Greenacres in 1925, followed by a further 100 at Greenacres in 1927 and 202 houses at Barrowshaw in 1928/29. In 1932, 198 houses were built at Derker; in 1933/34, 386 at Abbeyhills; in 1934/35, 36 at

Belgrave and 72 at Collier Hill; in 1935/36, 111 at Hathershaw; in 1936/37, 140 at Roundthorn, 174 on Stoneleigh Estate, Derker and in 1938, 34 at Primrose Bank. At Strinesdale, 82 houses were built in 1939 to 41 and 146 at the second Stoneleigh Estate, Derker in 1941/42.

Up to 1942, when housing schemes were suspended because of the Second World War, the council had built 2,573 houses over a period of 21 years. After the war, building began again with another 66 homes at Stoneleigh and 22 at Strinesdale in 1947/48 and 64 at Limeside in 1948.

Of the big post-war estates, the 900 homes at Limeside came first in 1949/50, closely followed by around 1,000 at Fitton Hill.

Do you have any thoughts, memories, stories or photos which you'd like to share about 100 years of Council housing? Perhaps you know of the history in the other districts of the Borough?

If so, please contact your Court Manager and we can try to include these in our next newsletter!

LET'S END
~~HATE CRIME.~~



Oldham
Council

A hate crime is any act committed against a person or property that the victim, or any other person, believes is motivated by the offender's hate against people because of their:

- Race (colour, ethnic origin, nationality, or national origins)
- Faith or Religion
- Gender or gender identity
- Sexual orientation
- Alternative Subculture/Lifestyle (in Greater Manchester).
- verbal abuse like name-calling and offensive jokes
- harassment
- bullying or intimidation by children, adults, neighbours or strangers
- physical attacks such as hitting, punching, pushing, spitting
- threats of violence
- hoax calls, abusive phone or text messages, hate mail
- online abuse – Facebook or Twitter
- harm or damage to things such as your home, pet or vehicle
- graffiti
- arson
- throwing rubbish into your garden

A hate incident becomes a hate crime when it breaks the law of the land.

- assaults
- criminal damage
- harassment
- murder
- sexual assault
- theft
- fraud
- burglary
- hate mail (Malicious Communications Act 1988)
- causing harassment, alarm or distress (Public Order Act 1986)

Any criminal offence can be a hate crime if it is carried out because of hostility or prejudice based on disability, race, religion, gender, transgender identity or sexual orientation.

STOP HATE CRIME
0800 138 1625
24 HOUR HELP LINE



live@thelibrary

Visit Oldham Council Libraries - www.oldham.gov.uk/liveatthelibrary or phone 0161 770 8000 (booking essential).



**Thursday 14 March, 7pm, £5 – at Oldham Library
Emma Geraghty**

Fat Girl Singing – Emma has been through a lot lately. If it's not strangers commenting on her weight or asking "when are you due?", then it's her own reflection that's bringing her down. Now it's time for Emma to take up space on her own terms. Armed with a guitar, original songs and a fridge full of drinks, Fat Girl Singing is a funny, uplifting and compelling anthem for those who have ever felt that their body is up for debate.

**Thursday 28 March, 7pm, £5 – at Oldham Library
Breathe Out Theatre**

Just Like A Woman - Liz, Tig, and Ellie have worked in the factory for a long time. Assembling stuff. Checking stuff. Rejecting stuff. So why they can't remember what the stuff is? And what harm can come if they do remember? A comedy-drama from the writer of BEST DRAMA at the 2017 Manchester Fringe Festival.

Open Space is live@thelibrary's initiative to support new work from emerging and local theatre makers. It began with our Open Space Festival which ran for 3 years and we are now supporting emerging artists throughout the year with a regular Open Space Slot in our programme.

**Friday 5 April, 7pm, £3 – at Oldham Library
Bloomin' Buds Theatre Company**

Brenda's Got a Baby - Brenda is 16 and pregnant, Amy is the first in her family to go to university. What could possibly go wrong? This brand-new verbatim play explores the struggles facing young, working class women.

OTHER EVENTS

Lyceum Theatre Oldham, 95 Union Street, Oldham, OL1 1QG
Friday 05 April 2019 - Saturday 13 April 2019
7:30pm Entry fee: £9.00 per ticket

Play! by Colin Smith - This world premiere will reflect back on the past 90 years and includes references to World War 1, to anniversaries and, in fact, to The Lyceum's own 90th anniversary. Play is a funny, unusual play about - a play, which is set - on a stage
Contact: Lyceum Theatre Oldham 01616282118
<http://www.lyceumtheatre.org.uk/>

Oldham Coliseum Theatre, Fairbottom St, Oldham OL1 3SW
Box Office 0161 624 2829 www.coliseum.org.uk
Tuesday 12th March to Saturday 16th March – Tickets from £17

MIDDLE GROUND THEATRE COMPANY LTD
Presents **The Verdict** - By Barry Reed - The powerful best-selling courtroom thriller

What price the truth? Frank Galvin is a washed up veteran lawyer and an alcoholic. He is presented with one last chance to redeem himself when he is given an open-and-shut medical malpractice case that no one thinks he can win. Up against the unforgiving medical establishment and the all-powerful Catholic Church, he courageously refuses an out of court settlement, believing it is negligence that has condemned a young mother. Smelling a cover up, he instead takes the case and the entire legal system to court.

Wednesday 27th March to Saturday 30th March – Tickets £20
Ashton-Under-Lyne Operatic Society presents

Hello Dolly! - the musical, follows the story of Dolly Gallagher Levi, as she travels to Yonkers, New York, to find a match for the miserly "unmarried half-a-millionaire" Horace Vandergelder. In doing so she persuades his niece, his niece's intended, and Horace's two clerks to travel to New York City. This is a show full of humour, energy and great songs that will appeal to people of all ages.

galleryoldham

EXHIBITIONS

Mahtab Hussain: You Get Me?
9 March – 8 June

Mahtab Hussain's photographs explore the critical question of identity among young working-class British Asian men. You Get Me? addresses the contested political terrain of race and representation, respect and cultural difference.

COMPETITION TIME!

ENTER OUR SPRING WORD SEARCH COMPETITION TO WIN £25 WORTH LOVE2SHOP VOUCHERS!

Simply post your answers, along with your name, address and contact details, to – Vince Sexton, Housing and Care 21, Chambers Business Centre, Chapel Rd, Oldham OL8 4QQ
Correct replies will be entered into the prize draw.
The closing date for entries is **Friday 29th March 2019.**



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|----------|-------|----------|----------|
| Blossom | Eggs | Puddles | Robin |
| Born | Grass | Rain | Sprout |
| Bud | Green | Rainbow | Sunshine |
| Cleaning | March | Raincoat | Thaw |
| Crocus | May | Rebirth | Tulip |

THE WINNER OF OUR CHRISTMAS QUIZ WAS MRS MAVIS MORAN, OF LIDO HOUSE, GROTTON

housing&care21

Our contact details:

Housing & Care 21
Units 403/404
Chambers Business Centre
Chapel Road
Oldham
OL8 4QQ

Email: OldhamEnquiries@housingandcare21.co.uk
Customer Services Telephone: 0345 604 4447

OTHER USEFUL TELEPHONE NUMBERS:

Repairs Line (24 hours)

0800 032 1215

Oldham Council main switchboard

0161 770 3000

You can access lots of our services
online at: www.oldham.gov.uk

Council Tax

0161 770 6622

council.tax@oldham.gov.uk

Environmental Health

0161 770 2244

environmentalhealth@oldham.gov.uk

Housing Benefits and Council Tax Reduction Scheme

0161 770 6633

benefits@oldham.gov.uk

Payment line

0161 770 6611

24 hour automated payment service

Registrars

0161 770 8960

Waste and recycling

0161 770 6644

waste@oldham.gov.uk

Age UK Oldham

0161 633 0213

Ring & Ride

0161 652 0248

Citizens Advice Bureau

0844 847 2638

Silverline

(confidential friendship support)

0800 470 8090

NHS Advice

111

Police non-emergency

101

Oldham Community Leisure

0161 207 7000

Action Together

(formerly Voluntary Action Oldham)

0161 339 2345

Oldham Library

Greaves St

0161 770 8000

Making Space

Tandle View, Royton

07966 887 152

Oldham Community Transport

0161 633 0097 (mobility scooters and
wheelchairs 0161 633 0040)